Resources for Parents

BOOKS

*When Your Kid Goes To College: A Parent’s Survival Guide* by Carol Barkin

*You’re on your own (But I’m Here If You Need Me): Mentoring Your Child During the College Years* by Helen E Johnson

*Been There, Should’ve Done That II: More Tips for Making the Most of College* by Suzette Tyler

*She’s Leaving Home – Letting Go As a Daughter Goes to College* by Connie Jones

*Letting Go: A Parents’ Guide to Understand the College Years, Fifth Edition* by Karen Levin Coburn & Madge Lawrence Treeger

*Give Them Wings* by Carol Kuykendall

*Empty Nest, Full Heart: The Journey from Home to College* by Andrea Van Steerhouse

*How to Survive and Thrive in an Empty Nest: Reclaiming Your Life When Your Children Have Grown* by Jeanette C Lauer

*Almost Grown: Launching Your Child from High School to College* by Patricia Pasick

*Becoming a Wise Parent for Your Grown Child: How to Give Love and Support Without Meddling* by Betty Frain, Ph.D. & Eileen M. Clegg

*I’ll Miss You Too: An off-to-College Guide for Parents and Students* by Margo E. Woodacre Bane & Stephanie Bane