2013-2014
A Calendar and Resource Guide for Catamount Families
A Message from the Chancellor

Welcome to Western Carolina University and the Catamount family. Since coming to Western Carolina, I have felt embraced by the strong community bond of this wonderful campus. I believe you and your family will feel the same sense of community and take comfort in your student’s decision to attend WCU. Your student will be treated as a valued member of the Catamount family.

Attending college can and should be a life-changing experience. At WCU, your student will be supported by faculty, staff and fellow students while finding her or his way through these transformational years. Western Carolina provides students with a rigorous and relevant curriculum, as well as learning experiences that emphasize knowledge and lifelong skills. WCU values civic engagement and service learning, offering unique opportunities for those who truly aspire to make a difference in their world. At Western Carolina, students learn to do good as they learn to do well.

We welcome the newest members of the Western Carolina University family, and look forward to partnering with you in your student’s success.

David O. Belcher
Chancellor
Dear Catamount Family,

We are pleased to welcome your family to Western Carolina University! We have created this calendar to let you know what to expect during the upcoming year and remind you of the services and resources in place to help you and your student successfully navigate any challenges that may occur. The Division of Student Affairs believes that families play a vital role in student success. Our goal is to partner with families through the Parent and Family Association to encourage student success.

The Parent and Family Association is in place to support families throughout their student’s college experience. This resource calendar and monthly electronic newsletters will keep you up to date and connected with Western Carolina. The Division of Student Affairs is committed to the support and success of each WCU student. By empowering families, we believe more students will meet their goals and achieve their dreams.

I wish you and your student an exciting and fulfilling year at Western Carolina University.

Dr. H. Samuel Miller Jr.
Vice Chancellor, Division of Student Affairs

PARENT & FAMILY ASSOCIATION
GOALS FOR PARENTS

1. Parents and families will recognize their important role in the success of their student. They will help their student progressively and appropriately take on more responsibility and independence while continuing to remain supportive and involved.

2. Parents and families will keep lines of communication open with their student and empower their students to identify problems, develop a plan and work toward solutions.

3. Parents will understand what they can expect of WCU in terms of limitations in access to student information as outlined in the Family Education Rights and Privacy Act (FERPA) and the Health Insurance Portability and Accountability Act (HIPAA).

4. Parents and families will know about and take advantage of opportunities to connect with WCU and the surrounding community.
Linking residence halls with the Alumni Tower and the University Center, the Central Plaza is a hot spot for people-watching and special events.
### What's Happening with Your Catamount

The beginning of the school year is always exciting and bittersweet. August heralds in a new school year with new classes, professors and possibilities. In preparing to help your student move to Cullowhee, don’t forget important phone numbers, medical records, account numbers and anything else your student is accustomed to depending on you to know.

The beginning of the school year is also a good time to make a fresh start. New students will be busy meeting new people and learning their way around campus, while returning students take time to reconnect with friends and professors. New freedoms and responsibilities can be challenging for new students. Take time to discuss your expectations with your student and set goals for the upcoming year.

### August 2013

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*All events are based on tentative schedules at time of publication and are subject to change.*

**What's Happening with Your Catamount**

- **August 1:** Fall Semester Payment Deadline
- **August 4:** Volleyball v. UNC Asheville
- **August 5:** Volleyball v. USC Upstate
- **August 6:** Volleyball v. Wright St.
- **August 7:** Soccer v. Lipscomb
- **August 8:** Freshman Assembly
- **August 9:** Residence Halls Open (Fr.)
- **August 10:** Freshman Convocation
- **August 11:** First Day of Classes
- **August 12:** Week of Welcome
- **August 13:** Valley Ballyhoo
- **August 14:** Fall Room Changes Begin
- **August 15:** Soccer v. High Point
- **August 16:** Residence Halls Open (All)
- **August 17:** Freshman Assembly
- **August 18:** Freshman Convocation
- **August 19:** Soccer v. High Point
- **August 20:** Football at MTSU
- **August 21:** Volleyball v. Western St.
- **August 22:** Volleyball v. Boston College
- **August 23:** Catamount Fall Kick Off
- **August 24:** Volleyball v. UNC Asheville
- **August 25:** Soccer at Eastern KY
- **August 26:** Fall Room Changes Begin
- **August 27:** Volleyball v. UNC Asheville
- **August 28:** Volleyball v. UNC Asheville
- **August 29:** Volleyball v. UNC Asheville
- **August 30:** Volleyball v. UNC Asheville
- **August 31:** Volleyball v. UNC Asheville
The university welcomes hundreds of families to campus for Family Weekend.
# What's Happening with Your Catamount

Students have many ways to get involved on campus including student organizations, intramural sports, on-campus jobs and service opportunities. Students who are engaged in the life of the campus community do better in school and have fewer adjustment issues. Remind your student to be patient, it may take time to find her/his place in the campus community. New students may feel homesick or overwhelmed with the competing demands on their time. Study skills and time management can be challenging as your student has new instructors and course requirements. Encourage your student to use on campus resources and get to know her/his professors.

---

## Students' Activities

### September 2013

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td>29</td>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

### October 2013

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td>29</td>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Purple pride is evident at each athletic event in the Catamount Nation.
### October 2013

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>5</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>26</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>31</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**What's Happening with Your Catamount**

Students will be busy with midterm exams and papers this month. A healthy diet, exercise, sufficient sleep and a balance of work and socializing go a long way in keeping stress levels low. Ask your student how she/he is balancing academic responsibilities and social activities. Students may worry about selecting a major or their current major. Remind your student to be patient and to explore their options when selecting a major. Most students will not actually begin taking classes in their major until their second year of college. Career Services is a great place for students to learn more about their intended career field and to explore possible majors.
Fall in Cullowhee shows off the beauty of our mountain location.
November is a challenging month for students. The end of the semester is right around the corner and class projects, papers and tests all seem to be due at the same time. The first round of seasonal flu or colds also seems to hit campus at this time. Remind your student that time management plays a large role in academic success. Students should be sure to schedule not just class and study time but time for themselves to relax and recharge as well. With so many things seemingly out of their hands, students can take charge of their own health and wellness by eating well and scheduling time to exercise. Staying healthy and getting enough rest will allow students to finish the semester strong.

Students are starting to make plans for Thanksgiving break. Many students go home, while others remain on campus. Talk with your student about plans for the upcoming break.
Catamount Gap assures alumni, students and visitors alike that campus is just around the next turn.
## What's Happening with Your Catamount

Students may be feeling stressed as they work on finishing papers and preparing for final exams. Encourage your student to form study groups with classmates and to take advantage of tutoring in the Writing and Learning Commons. Limiting the distractions can be challenging because extracurricular activities increase at the end of the semester. Socials, concerts, club events and religious ceremonies all compete for students’ time and energy. This is the ideal time for you to send your student words of encouragement or a care package with your student’s favorite treats.

Students must check out of residence halls 24 hours after their last exam. Students requesting special accommodations should contact their Residence Hall Director before finals begin.

Students need to remember to return their book rental books to the Bookstore before they leave for the semester.
A light snow covers Blue Ridge and Balsam residence halls and the Courtyard Dining Hall.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Jan</td>
<td>New Year's Day</td>
</tr>
<tr>
<td>4 Jan</td>
<td>FAFSA Becomes Available</td>
</tr>
<tr>
<td>8 Jan</td>
<td>Classes Begin</td>
</tr>
<tr>
<td>18 Jan</td>
<td>MLK, Jr. Holiday – No Classes</td>
</tr>
<tr>
<td>22 Jan</td>
<td>Spring Room Changes Begin</td>
</tr>
<tr>
<td></td>
<td>Room Selection</td>
</tr>
<tr>
<td></td>
<td>Residence Halls Open</td>
</tr>
<tr>
<td>26 Jan</td>
<td>Financial Aid Refunds Available</td>
</tr>
</tbody>
</table>

**What’s Happening with Your Catamount**

Students may be really happy with their fall grades or they may be disappointed. Discuss what worked well with your student during the fall semester and what he/she would like to change for the spring semester. Students return to campus after the break and some will be relieved to be back on campus and others may experience a new wave of homesickness. Talk to your student about plans to stay connected and encourage her/him to see the new semester as an opportunity to get involved.
Student productions provide a warm and welcome distraction from classes and the chill of winter.
Students may begin making plans for spring break. The media has given us negative stereotypes of college students on spring break. The reality is that most WCU students spend spring break working, or relaxing at home with family and friends. Residential Living will begin room selection for the upcoming year this month. Take time to discuss living arrangements for the upcoming year with your student. This is also a good time for your student to apply for financial aid for next year by completing the Free Application for Federal Student Aid (FAFSA) online and to research scholarship opportunities.
The Catamount Nation embraces the excitement of basketball tournament time in March.
March 2014

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1 2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30 31

What’s Happening with Your Catamount

Students are now at the midpoint of the semester. Encourage your student to take time out and evaluate how the semester is going. It’s not too late to bring up grades if your student isn’t happy with her or his academic progress. It’s also a good time to think about study abroad and summer internship or summer school plans. If your student is moving out at the end of the semester, spring break is a great time for her/him to bring home things that won’t be needed the rest of the semester.
Each April, hundreds of volunteers remove tons of garbage along 27 miles of the Tuckaseigee River during the Tuck River Clean Up.
Students may feel bombarded with upcoming decisions such as financing their continuing education or summer opportunities. They may also begin to think about declaring (or changing) majors. If your student is in the process of deciding which direction to take, encourage her/him to explore the options with the professionals in Career Services or a trusted professor. Ask your student about a favorite class or how she/he prefers to spend time outside of the classroom. Students often learn a great deal about themselves and their areas of interest while pursuing activities outside of the classroom.
May commencement opens the door to endless possibilities.
### May 2014

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Last Day of Classes</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Graduate Senior Toast</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Final Exams</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>All Grades Due</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Commencement Undergraduate Commencement</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Cinco de Mayo Final Exams</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Residential Halls Close Residence Halls Close for Graduating Seniors</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Mother’s Day All Grades Due</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Memorial Day</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### What’s Happening with Your Catamount

Stress levels often increase at the end of the semester as students are completing final projects and papers and preparing for final exams. Remind your student to use the campus resources available at the Writing and Learning Commons. May is also a period of adjustment as students return home for the summer, enroll in summer school or spend the summer working away from home. If your student is returning home for the summer, it will be important to discuss expectations – social behavior, finances, house rules, etc. – before the end of the semester. If your student is taking summer classes, time management will be key in successfully navigating the rapid pace of a shortened course.

Students must check out of residence halls 24 hours after their last exam. Students requesting special accommodations should contact their Residence Hall Director before finals begin.

Students need to remember to return their book rental books to the Bookstore before they leave for the semester.
Summer in the mountains – nothing could be finer.
As the excitement of finishing the school year subsides, June is a great time for your student to rest and rejuvenate. Students who have not met their expectations for success or have not met their goals may lose confidence in themselves and question their plans to return to school in the fall. While these students want their parents’ support, some may be afraid to call upon them for help. Be sure to make yourself available to help your student recognize the value in her/his learning experience regardless of the outcome. Assist your student in creating a plan for future academic success.
Clouds cast shadows over the mountains overlooking campus.
What’s Happening with Your Catamount

In July, students begin mentally preparing for a new year in Cullowhee. It is important during this time for parents and students to reflect on the events of the past year and acknowledge the successes and learn from the mistakes. Students who encountered some challenges with friends, family, academics, finances or time management need to be reminded that a new school year is a new opportunity for personal, social and academic success. Your student may want to discuss how initial academic interests and career plans have been affected over the last year. This can be an occasion for increased motivation toward original goals or an opportunity to explore alternative plans.
2013-14 Important Dates

- Residence Halls Open: August 16, 2013
- First Day of Classes: August 19, 2013
- Fall Break: October 7–11, 2013
- Thanksgiving Break: November 27–29, 2013
- Last Day of Classes: December 6, 2013
- Final Exams: December 9–13, 2013
- Fall Commencement: December 14, 2013
- Residence Halls Open: January 10, 2014
- First Day of Classes: January 13, 2014
- Spring Break: March 10–14, 2014
- Last Day of Classes: May 2, 2014
- Final Exams: May 5–9, 2014
- Commencement (Graduate): May 9, 2014
- Commencement (Undergraduate): May 10, 2014
Table of Contents

Important Contacts .................................................. 1

Catamount Resources .................................................. 2
  Academics and Academic Support Services .................. 2
  Business Resources .................................................. 2
  Health, Wellness & Safety ......................................... 4
  The Student Experience ............................................. 5
  Transportation & Parking .......................................... 6

First Year Experience ................................................ 7

Resources for Catamount Families
<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academic Advising</td>
<td>828.227.7753</td>
<td>advising.wcu.edu</td>
</tr>
<tr>
<td>AK Hinds University Center</td>
<td>828.227.7206</td>
<td>uc.wcu.edu</td>
</tr>
<tr>
<td>Athletic Ticket Office</td>
<td>828.227.2401 or 800.34.GOWCU</td>
<td>catamountsports.com/tickets/wcar-tickets.html</td>
</tr>
<tr>
<td>Bookstore</td>
<td>828.227.7346</td>
<td>books.wcu.edu</td>
</tr>
<tr>
<td>Campus Recreation Center</td>
<td>828.227.7069</td>
<td>reccenter.wcu.edu</td>
</tr>
<tr>
<td>Career Services</td>
<td>828.227.7133</td>
<td>careers.wcu.edu</td>
</tr>
<tr>
<td>Center for Service Learning</td>
<td>828.227.7184</td>
<td>servicelearning.wcu.edu</td>
</tr>
<tr>
<td>Counseling and Psychological Services</td>
<td>828.227.7469</td>
<td>counselingcenter.wcu.edu</td>
</tr>
<tr>
<td>Department of Student Community Ethics</td>
<td>828.227.7234</td>
<td>dsce.wcu.edu</td>
</tr>
<tr>
<td>Dining Services</td>
<td>828.508.7146</td>
<td>campusdish.com/en-US/CSSE/WesternCarolina</td>
</tr>
<tr>
<td>Disability Services</td>
<td>828.227.3886</td>
<td>disability.wcu.edu</td>
</tr>
<tr>
<td>Emergency Information</td>
<td>828.227.7327</td>
<td>emergency.wcu.edu</td>
</tr>
<tr>
<td>Financial Aid Office</td>
<td>828.227.7290</td>
<td>finaid.wcu.edu</td>
</tr>
<tr>
<td>Honors College</td>
<td>828.227.7383</td>
<td>honors.wcu.edu</td>
</tr>
<tr>
<td>Hunter Library</td>
<td>828.227.7485</td>
<td>library.wcu.edu</td>
</tr>
<tr>
<td>Intercultural Affairs</td>
<td>828.227.2276</td>
<td>ica.wcu.edu</td>
</tr>
<tr>
<td>Leadership &amp; Student Involvement</td>
<td>828.227.7450</td>
<td>studentinvolvement.wcu.edu</td>
</tr>
<tr>
<td>OneStop Student Service Center</td>
<td>828.227.7170</td>
<td>onestop.wcu.edu</td>
</tr>
<tr>
<td>Parent &amp; Family Association</td>
<td>828.227.7234</td>
<td>parents.wcu.edu</td>
</tr>
<tr>
<td>Parking Services</td>
<td>828.227.7275</td>
<td>parking.wcu.edu</td>
</tr>
<tr>
<td>Registrar</td>
<td>828.227.7216</td>
<td>registrar.wcu.edu</td>
</tr>
<tr>
<td>Residential Living</td>
<td>828.227.7303</td>
<td>housing.wcu.edu</td>
</tr>
<tr>
<td>Student Affairs Office</td>
<td>828.227.7234</td>
<td>dsa.wcu.edu</td>
</tr>
<tr>
<td>Student Health Center</td>
<td>828.227.7640</td>
<td>studenthealth.wcu.edu</td>
</tr>
<tr>
<td>University Police</td>
<td>828.227.7301 (non-emergency) or 828.227.8911 (emergency)</td>
<td>police.wcu.edu</td>
</tr>
<tr>
<td>Writing and Learning Commons</td>
<td>828.227.2274 (tutoring) or 828.227.7197 (writing)</td>
<td>walc.wcu.edu</td>
</tr>
<tr>
<td>Weather-Related Closings</td>
<td></td>
<td>weather.wcu.edu</td>
</tr>
</tbody>
</table>

STUDENT OR FAMILY EMERGENCY - CONTACT THE DIVISION OF STUDENT AFFAIRS (M-F, 8–5) 828.227.7234. AFTER HOURS, CONTACT WCU POLICE 828.227.7301 TO REACH THE ON-CALL ADMINISTRATOR.
Academics and Academic Support Services

Hunter Library
Hunter Library supports Western Carolina University’s mission of teaching and learning. Librarians assist patrons to successfully and efficiently find and critically evaluate information. The library provides access to the information patrons need to successfully complete university studies; provides a physical space devoted to scholarship; and encourages learning and reading as lifelong activities. The principal core value of Hunter Library is the belief in the intrinsic and extrinsic benefits of education and devotion to the critical role that the library plays in providing this education.

Writing and Learning Commons (WaLC)
The Writing and Learning Commons seeks to enhance the academic environment and raise the level of academic discourse at WCU by providing tutoring, academic skills consultations, workshops, online learning resources, and faculty consultations. Writing assistants collaborate with students from all classes and majors at every stage of the writing process, from brainstorming and prewriting to drafting and revising. Course tutors facilitate collaborative group sessions and offer strategies for effective study. Academic skills consultants conduct in-class workshops and one-on-one consultations focused on improving students’ reading, note taking, time management, test preparation, and test taking skills. Call 828.227.7197 for writing appointments and 828.227.2274 for course tutoring and academic skills consultations. Visit the website, walc.wcu.edu, for additional information. Distance students and students taking classes in Asheville are encouraged to use Smarthinking, an online tutoring service available via Blackboard, and WaLC’s online resources.

Summer School
Western Carolina University offers a wide range of classes during the summer sessions. Summer School is a good option for students looking to get ahead in their major or for those interested in double majoring. Summer courses are offered at our main campus in Cullowhee as well as online. The summer calendar offers a great deal of flexibility with Summer Session terms beginning each of the summer months of May, June and July.

2014 Summer School Session Dates:
- May 12-27 – Mini-semester
- June 2 - August 4 – 9 Week Term
- June 2 - July 2 – First 4.5 Week Term
- July 7 - August 4 – Second 4.5 Week Term

Disability Services
The Office of Disability Services is a voluntary program for students with documented disabilities designed to ensure that students receive necessary accommodations and equal treatment in all areas of campus life. Students interested in enrolling with Disability Services will be asked to provide appropriate documentation and meet with the Director of Disability Services. Those interested in learning more can contact the Office of Disability Services (828.227.3886) or visit their website: disabilities.wcu.edu.

Business Resources

Bill Payment
When paying tuition bills online, please remember that a convenience fee of 2.75% (minimum fee $3.00) is assessed on credit card payments made on student accounts through MyCat/Bill + Pay and that Visa credit/debit cards are not accepted.

THE FOLLOWING FREE METHODS OF PAYMENT ARE AVAILABLE

WebCheck
Students and authorized users may have funds transferred from a checking account through MyCat /Bill + Pay.

Mailing a check
Checks may be mailed to the Student Accounts Office, 119 Killian Annex, Cullowhee, NC 28723.

Payment at the OneStop
Payments may be made by cash, check or money order at the OneStop in Killian Annex.

Students may also continue to sign up for a payment plan with Tuition Management Systems. There is an enrollment fee which varies according to the monthly payment plan selected. For more information and enrollment, please visit afford.com/wcu.
Online Bill Payment

**Current Students**
1. Select My Cat and log in.
2. Select Personal Services and then Student tab.
3. Select Account and Payment Information.
4. Select Bill + Pay.
5. Enter the Bill + Payment Account Suite & click on Make a Payment.
6. On the right, under action, click on Pay.
7. Select the payment method and enter the credit card information.

**Parent/Guests**
1. Select Parents.
2. Choose the Making a Payment link under Resources for Family.
3. Click on the Authorized User Login link.
4. Enter the authorized user information.
5. On the right, under action, click on Pay.
6. Select the payment method and enter the credit card information.

To Set up an Authorized User
1. Go to wcu.edu and click on My Cat.
2. Enter your Student ID and Password.
3. Click on Personal Services and then Student tab.
4. Select Account and Payment Information.
5. Click Bill + Pay.
6. Click the Authorized Users tab.

**My Cat**
My Cat is WCU’s information portal. Upon logging into the system, students can check on their financial aid status, check their WCU email account, pay tuition bills, view their academic schedule and update their contact information. The WCU student email accounts are the preferred method of communication to students, for offices on campus. Tuition bills, financial aid information and most other official communications will be sent to each student’s WCU email account. Students can visit mycat.wcu.edu to access their accounts.

**CatCa$h Account**
Now there’s no need to carry cash. As long as a student has money in a CatCa$h debit account, they’ll enjoy convenient purchasing power all over campus with their CatCard.

How can a student start a CatCa$h Account?
Upon making an initial deposit in a CatCa$h account, a positive balance will be electronically established in the student’s account. At that time the CatCard will be ready to use for purchases in many vending machines that have card readers, at the Bookstore, and all food service locations on campus. CatCa$h can also be used for printing/copying at various locations across campus, Residence Hall laundry facilities and University Health Services. Purchases may be made up to the account balance available on the card. The CatCard will also enable the holder to access his or her food service meal plan, check out books at Hunter Library, gain access to residence halls, athletic and cultural events, and access to the Campus Recreation Center.

Can a student add money to their account anytime?
Additional funds can be deposited in the CatCa$h debit account during normal business hours at the OneStop, located on the 1st floor of Killian Annex. To add monies after normal business hours there are three Add-Value machines in convenient locations around campus. Students and parents can also add funds via the web at wcu.edu/BannerUPay/.

Can a Family Member add money to the CatCa$h Account?
Family members can add money to their student’s CatCa$h account at itapp.wcu.edu/BannerUPay/. Using the student’s WCU ID number and date of birth, family members will be able to add money to the account with a debit or credit card.

**OneStop Student Service Center**
The OneStop is centrally located on campus and, just as the name states, is the one place students can go to access most business and support services on campus. From the OneStop, students can register for classes, visit Financial Aid, visit their advisor, get a new CatCard, pay tuition bills and obtain information on almost anything else they may need to know. Visit onestop.wcu.edu for more information.

**Financial Aid Office**
The Financial Aid Office provides financial assistance to students who could not otherwise afford the cost of attending WCU. Financial aid packages traditionally include loans, grants, scholarships and part-time work-study employment. Visit finaid.wcu.edu for more information.

**Tuition Surcharge**
Effective Fall 2010, undergraduate students seeking a baccalaureate degree at Western Carolina University will be subject to a 50% tuition surcharge as required by the North Carolina General Statute section 9.10.(b) § 116-143.7. Session Law 2009-451. No surcharge will be imposed on any student who exceeds the degree credit hour limits within the equivalent of four academic years of regular term enrollment, or within five years of regular term enrollment in a degree program officially designated by the Board of Governors as a five-year program.

The legislation specifically states: The Board of Governors of The University of North Carolina shall impose a fifty percent (50%) tuition surcharge on students who take more than 140 degree credit hours to complete a baccalaureate degree in a four-year program or more than one hundred ten percent (110%) of the credit hours necessary to complete a baccalaureate degree in any program officially designated by the Board of Governors as a five-year program. Courses and credit hours taken include those taken at that constituent institution or accepted for transfer. In calculating the number of degree credit hours taken:

**Included are courses that a student:**
- a. Fails.
- b. Does not complete unless the course was officially dropped by the student pursuant to the academic policy of the appropriate constituent institution.

**Excluded are credit hours earned through:**
- a. The College Board’s Advanced Placement Program, CLEP examinations, or similar programs.
- b. Institutional advanced placement, course validation, or any similar procedure for awarding course credit.
- c. Summer term or extension programs.

No surcharge shall be imposed on any student who exceeds the degree credit hour limits within the equivalent of four academic years of regular term enrollment or within five academic years of regular term enrollment in a degree program officially designated by the Board of Governors as a five-year program. For more information visit wcu.edu/25929.asp.
Base Camp Cullowhee
Base Camp Cullowhee (bCC) is here to serve as your student’s outdoor resource center, offering guides and maps about local trails and outdoor activities. We offer a wide variety of programs suitable for all skill levels. bCC offers outdoor programs including but not limited to rafting, hiking, caving, whitewater kayaking, canoeing, local skiing, rock climbing, sky diving, and more. If it’s done outside, chances are students can sign up to do it with us. We also offer special programs each year, including our annual ski trip to Colorado and the annual Tuckaseigee River Clean-Up.

Campus Recreation & Wellness
Located in the 73,000-square-foot Campus Recreation Center, our mission is to create a campus-wide culture of wellness by providing programs, services and facilities for individuals to engage and sustain the active process of healthy living. The recreation center is considered the playground of Western Carolina University’s campus and is home to a wide variety of recreational opportunities including intramurals and club sports. Highlights of the center include more than 9,800 square feet of fitness space, 48-foot climbing wall – the tallest collegiate wall in NC! – with bouldering and bouldering, multi-purpose courts and an indoor track. Students also have access to Reid swimming pool, a disc golf course and group exercise programs.

Intramural Sports
Intramural sports allow students to participate in a fun and competitive atmosphere. Programs include more than 40 individual, team and co-ed activities including basketball, flag football, volleyball and tennis. Students can create their own team or join a team as a ‘free agent.’ All intramural activities are free to students, faculty and staff of WCU.

Club Sports
A club sport is a student organization that has been formed by individuals motivated by a common interest and desire to participate in a favorite sport activity. A club sport may be oriented toward any of the following: competition, teaching, recreation, or socialization. WCU currently has 16 active clubs including men and women’s rugby, aquatics, climbing and wrestling. Club Sports are for students who want to enjoy a longer relationship (usually both semesters) with their sport of choice. Many clubs compete against other universities across the state and region. Membership in all clubs is open to anyone regardless of skill level. Interested students are encouraged to contact the club directly.

Counseling & Psychological Services
The Counseling Center is dedicated to supporting your student’s personal, social and intellectual development and to helping your student develop as a well-rounded and healthy individual. We are available for consultation by phone or by appointment. It is likely that you’ll notice changes in mood or behavior that could be an indication of emotional or psychological distress in your student sooner than others. We invite you to call 828.227.7469 if you have concerns about your college student. We would be happy to discuss any concerns you have and talk about the services and resources available to assist your student. It is important to remember that confidentiality laws prohibit us from sharing any information about a student without documented permission. However, confidentiality considerations do not prohibit us from discussing ways in which parents or other loved ones can be helpful in dealing with issues their student is confronting.

Health Insurance Coverage
Each student enrolled in more than six semester credit hours is required to have health insurance coverage while enrolled at WCU. The university in accordance with the University of North Carolina school system offers a comprehensive student insurance policy for those students that do not have other insurance coverage. Each student is automatically enrolled in the student health plan policy. If your student is covered under another plan you must provide that information for verification of coverage in order to receive a waiver from the mandatory student plan. If the waiver information is not complete by the first week of classes in the fall semester, the health insurance premium will remain on your student’s account as part of tuition and fees. For more information, or to take action concerning your insurance, visit our website at: studenthealthins.wcu.edu.

Spirituality and Campus Ministries
At WCU, students will find a welcoming community where they are encouraged to explore their faith, whether through traditional worship, academic course work, or campus activities. Many local ministries are affiliated with student-run organizations. Participating in campus ministries offers students opportunities for fellowship and service activities. Please visit campusministries.wcu.edu for more information.
Residential Living

Residential Living manages 13 residence halls for approximately 3,600 students as well as faculty and staff on-campus housing. Residential Living provides students with well-maintained, community-oriented facilities where residents and staff are empowered to live and learn in a supportive environment. Educational and social programming emphasizes the importance of personal and intellectual growth as well as acceptance and respect for others. For more information visit housing.wcu.edu.

Career Services

The Career Services Office provides current and former students with comprehensive career planning and job search advice. Services include career assessment interest tests, professional career counselors, career fairs, on-campus interviews, internships, career development courses and a Cooperative Education program. To learn more visit careers.wcu.edu.

Division of Student Affairs

The Division of Student Affairs oversees every aspect of student life, ensuring the well-being of each student on campus. In support of the mission of the university, the Division of Student Affairs is committed to the personal, social and intellectual development of students as they live and learn within a diverse community. Programs, services, outreach activities and facilities enhance the ability of students to develop independent thought, take advantage of community involvement and understand global responsibility. Student Affairs works with each department within the division and the academic colleges to coordinate efforts in the areas of new student programs, retention, diversity related efforts, students’ rights and responsibilities, and student health and well-being. The WCU Parent & Family Association is housed in the Division of Student Affairs. To learn more about the Division of Student Affairs visit us at dsa.wcu.edu.

Crime Prevention and Safety Tips to Pass Along to Students

- Keep accurate records of your checks. Be alert for checks missing starts, vehicle unlocks, change tires, etc.
- Teach your student to change a tire in case they have a flat on the road to Western.
- Mark your property. Use your drivers’ license number and state abbreviation.
- Record serial numbers on your valuable property.
- Do not bring valuable jewelry, antiques, or heirlooms to campus.
- Record serial numbers on your valuable property.
- Do not bring valuable jewelry, antiques, or heirlooms to campus.
- Valuables in your vehicle should be placed out of sight, under a seat or in the trunk. Remember to always lock your vehicle.
- Keep accurate records of your checks. Be alert for checks missing from the middle of your book.

Crime Prevention and Safety Tips to Pass Along to Students

- Lock your room door and window at all times. Sleep with your door and window locked.
- Mark your property. Use your drivers’ license number and state abbreviation.
- Record serial numbers on your valuable property.
- Do not bring valuable jewelry, antiques, or heirlooms to campus.
- Do not bring valuable jewelry, antiques, or heirlooms to campus.
- Keep accurate records of your checks. Be alert for checks missing from the middle of your book.

Traditions

Freshman Convocation

Each fall Freshman Convocation members of the academic community gather together to celebrate and welcome the new freshman class. The procession of faculty in formal academic attire and presence of university leadership attests to the importance placed on the transition of the incoming class into the WCU community of scholars. Family members are welcome to attend and witness the welcoming of the freshman class. A freshman class photograph is taken at the conclusion of convocation.

Freshman Assembly

Held the Saturday morning after first year students move into their residence halls, the Freshman Assembly is meant to inspire and encourage students to start their college life off on the right foot. Invited speakers come in each year to entertain and motivate students.

The Senior Toast

A senior tradition that will leave memories for a lifetime. Seniors who make a gift to WCU before they graduate are invited to the Senior Toast, hosted by the Chancellor. Family members are welcome to join the Chancellor as he toasts the most recent class of Catamounts. To learn more about the Senior Campaign and the Senior Toast visit seniors.wcu.edu.

Legacy Walk

The Catamount Legacy Walk celebrates a WCU tradition and provides an opportunity to honor the achievements of students and colleagues and remember alumni and friends. Donations are used to support the WCU Student Emergency Fund. Learn more at legacywalk.wcu.edu.

The Student Experience

AK Hinds University Center

In support of the mission of the Division of Student Affairs, the primary purpose of the University Center (UC) is to provide a dynamic and accommodating environment to enhance student learning through a variety of activities, programs, and services. The UC provides an inclusive student-centered community that supports and encourages student learning, leadership opportunities, personal development, and active learning in a caring atmosphere. In addition, UC staff members create and implement programs that support a diverse and enriching environment where truth, respect and stewardship are valued. To find out more visit us at uc.wcu.edu.

Crime Prevention and Safety Tips to Pass Along to Parents

- Don’t send cash in the mail. Mail thieves look for birthday cards.
- Pay close attention to joint checking accounts and question any unusual circumstances.
- Check your auto insurance and homeowner’s policy to insure your student is covered while away.
- If you have concerns regarding the reliability of your student’s vehicle, enroll them in an automotive club that will provide hot starts, vehicle unlocks, change tires, etc.

Western Carolina University

Community Creed

Creed: a system of beliefs, principles, and aspirations

I will practice personal and academic integrity.

I will respect the dignity and rights of all persons.

I will demonstrate concern for others and live up to my community responsibilities.

I will engage myself in the arts, culture and intellectual life of my University.

I will celebrate and take pride in Western Carolina University.

Catamount Resources

The Student Experience

AK Hinds University Center

In support of the mission of the Division of Student Affairs, the primary purpose of the University Center (UC) is to provide a dynamic and accommodating environment to enhance student learning through a variety of activities, programs, and services. The UC provides an inclusive student-centered community that supports and encourages student learning, leadership opportunities, personal development, and active learning in a caring atmosphere. In addition, UC staff members create and implement programs that support a diverse and enriching environment where truth, respect and stewardship are valued. To find out more visit us at uc.wcu.edu.

Crime Prevention and Safety Tips to Pass Along to Students

- Lock your room door and window at all times. Sleep with your door and window locked.
- Mark your property. Use your drivers’ license number and state abbreviation.
- Record serial numbers on your valuable property.
- Do not bring valuable jewelry, antiques, or heirlooms to campus.
- Do not bring valuable jewelry, antiques, or heirlooms to campus.
- Keep accurate records of your checks. Be alert for checks missing from the middle of your book.

Crime Prevention and Safety Tips to Pass Along to Parents

- Don’t send cash in the mail. Mail thieves look for birthday cards.
- Pay close attention to joint checking accounts and question any unusual circumstances.
- Check your auto insurance and homeowner’s policy to insure your student is covered while away.
- If you have concerns regarding the reliability of your student’s vehicle, enroll them in an automotive club that will provide hot starts, vehicle unlocks, change tires, etc.

Western Carolina University

Community Creed

Creed: a system of beliefs, principles, and aspirations

I will practice personal and academic integrity.

I will respect the dignity and rights of all persons.

I will demonstrate concern for others and live up to my community responsibilities.

I will engage myself in the arts, culture and intellectual life of my University.

I will celebrate and take pride in Western Carolina University.
**Study Abroad**

Study Abroad programs are a great way for students to expand their horizons while earning college credit. In the increasingly competitive and global marketplace, a study abroad experience is a great way for students to gain international experience and exposure. Academically, studying abroad is not only a fun way to earn credits, but it also exposes students to different teaching methods and perspectives on academic topics. Financial aid is available for students interested in participating in a study abroad experience.

**Service Learning**

The Center for Service Learning at Western Carolina University promotes service learning as a special form of experiential education where students engage in organized activities designed to enhance their understanding of course content, meet community needs, develop career-related skills, and become responsible citizens. The Center for Service Learning helps students find a place to volunteer or do a course-based service learning project. The office maintains a list of upcoming service projects, as well as a list of community agencies where students can work. The office also sponsors the campus garden, as well as special events like Days of Service and Alternative Break trips, and service-based scholarships and employment opportunities.

**Student Parking**

Students, even first-year students, are allowed to have cars on campus. Students will need to complete the online registration form located on the Parking Services website at parking.wcu.edu to register their vehicle with University Police. Please be aware that parking regulations are strictly enforced on campus. While a small community, students have full access to Jackson County’s public transportation system, to learn more visit transit.jacksonnc.org. The system requires reservations and provides local transportation as well as service to the Asheville Airport. On campus, students have access to WCU’s Cat Tran as well as the Off-Campus Housing Shuttle which provides service to students who reside at local apartment complexes. The Off-Campus Housing Shuttle is free of charge to students with WCU ID.

**Bicycle Registration**

Bicycle registration is strongly suggested, but not required. Bicycle registration is provided free of charge as a service of the University Police Department. You may register your bicycle by bringing the brand name and serial number to the Traffic Office. If you cannot find the serial number, an officer will help you.

**Visitor’s Parking Permits**

Visitors are encouraged, but not required, to obtain a visitor parking permit when on campus. Visitors may park in student or faculty/staff spaces (white or yellow space) that are not designated as a special use space, reserved space, handicapped space, loading zone, etc. Normally, a visitor who receives a parking citation for no registration may have that citation waived by filling out the back of the citation and taking or mailing it to the Traffic Office (instructions are on the back of the citation). However, visitors are expected to abide by the parking rules and regulations and are accountable for paying the fines and/or appealing all other violations. Visitors on campus after 5 p.m. or on the weekend do not need a permit to park.

**Cat Tran**

Cat Tran runs weekdays and weekends when classes are in session. Our buses are equipped to serve persons with disabilities. Cat Tran operations focus on moving riders from residence halls and commuter lots to the center of campus. Buses are scheduled to arrive at each stop within 15 minutes or less during the day and 20 minutes or less at night (depending on traffic conditions). All Cat Tran vehicles are equipped with police radios. The radios allow drivers to report problems and incidents to police.

**Dining Services**

WCU Campus Dining is centrally located on campus and packed with variety. Three convenience stores offering snacks and ‘grab-n-go’ items add flexibility for students on the go. Campus Dining will also help you celebrate special occasions and holidays with your student. Birthday cakes and giant cookies that can be decorated to fit any occasion are available to order. Contact Catering at 828.227.3969 or catering@email.wcu.edu for details.

Commuter meal plans are an excellent way to gather with friends or snack in between classes, and they are easy and convenient. With a meal plan you never have to carry cash and never go hungry! There are smaller commuter plans available to fit the off-campus lifestyle. To sign up call the OneStop office at 828.227.7170 or online at specialpayments.wcu.edu/.

For more information on Campus Dining, please see their website campusdish.com/en-US/CSSE/WesternCarolina.
The First Year Experience

dispachers supplementing police patrol coverage of the campus.

The First Year Experience (FYE) is an 18 month window – from the time students are accepted to WCU until they become a sophomore. During this span of time, the university works to help students successfully transition from high school to college, from home to on campus living and growing independence. WCU has a tremendous wealth of resources and opportunities for students and we are eager to offer guidance to help students find what they need when they need it. The FYE office is also the portal for a selection of academic offerings designed specifically for first-year students. We encourage you to visit our website (fye.wcu.edu) for more information.

Transition to College Life

For students the college years are full of opportunities for growth and development. The move away from home and towards independence can be freeing as well as stressful. The following suggestions come from students, parents, faculty and staff who have been there and want to offer the wisdom that comes from experience.

Things to Think About

Perhaps the most important characteristic that successful students possess is motivation. Motivation can propel students who may have struggled in high school into becoming academic stars in college, but without motivation even the most well prepared students can fail. Negative motivations are not very helpful to long-term success. It isn’t necessary for students to have a major in mind or the rest of their lives mapped out at this point. Seeing a connection between the college experience and the opportunity to explore interests and develop skills can be an important step to success.

Although the difference between high school and college coursework is emphasized during orientation, the reality may hit too late. Many students have not had to develop the discipline of getting up on their own, going to class even though class attendance may not be required, and studying each day even when no homework is due. First tests are often a shock when students are evaluated on their knowledge of material that was not necessarily covered in class – a big change from high school.

During the First Few Weeks of the Semester

Many students cite being “involved” as a major factor in their success in college. Western Carolina offers many different clubs and organizations, and students can easily find the right fit. Getting involved in clubs and organizations provides students with a support group of people with shared interests and values. As the semester begins, most clubs and organizations actively seek new members.

Roommate conflicts often occur early in the semester and may be difficult to resolve. For most students, sharing a room is a new experience and your student might need advice on how to approach another person about issues in a positive way. Encourage your student to deal with issues early on rather than letting them grow into bigger issues as the semester progresses.

6-8 Weeks into the Semester

This is a crucial time in the semester. Students should be used to the routine of college life and familiar with their courses and professors. Students should know how they are doing in their classes. Instructors are encouraged to post 5th week progress grades during this time. 5th week grades are posted as a Satisfactory or Unsatisfactory. A Satisfactory grade constitutes a C or better. Unless a grade is due to excessive absences, this is usually still early enough in the semester to improve low grades.

If your student is struggling in a course, encourage her/him to speak to the instructor or an academic advisor.

10-14 Weeks into the Semester

Academic Advisors meet with students during this period to help them select classes for the next semester. Most students will continue to work on Liberal Studies courses during the first year of college. In some cases, when a student has a major in mind, an introductory course may be taken. This is a good time for students to talk with their advisor about interests and plans for the future.

At the End of the Semester

Final grades are posted two days after all final exams have been administered. Students may access their grades through their student account online. Grades will not be mailed home. If a student earns below a 2.0 grade point average, information will be mailed home explaining the student’s options. First semester students who earn below a 1.0 GPA are placed on academic suspension and are not allowed to enroll for one regular semester. First semester students who earn a 1.0-1.999 GPA are placed on academic probation and are allowed to return for the next semester if they agree to participate in the Learning Contract program. If there are questions about probation or suspension options, have your

FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT (FERPA)

The Family Educational Rights and Privacy Act (FERPA) affords students certain rights with respect to their education records. These rights include:

1. The right to inspect and review the student’s education records within 45 days of the day the University receives a request for access. Students should submit to the Registrar’s Office written requests that identify the record(s) they wish to inspect. The Registrar’s Office will make arrangements for access and notify the student of the time and place where the records may be inspected.

2. The right to request the amendment of the student’s education records that the student believes are inaccurate or misleading. Students who believe that their education records contain information that is inaccurate or misleading, or is otherwise in violation of their privacy or other rights, may discuss their problems informally with the University Non-Discrimination and Compliance Officer. If the decision is in agreement with the students’ requests, the appropriate records will be amended. If not, the students will be notified within a reasonable period of time that the records will not be amended, and they will be informed by the Non-Discrimination and Compliance Officer of their right to a formal hearing.

3. The right to consent to disclosures of personally-identifiable information contained in the student’s education records, except to the extent that FERPA authorizes disclosure without consent. One exception that permits disclosure without consent is disclosure to school officials with legitimate educational interests. A school official is a person employed by the University in an administrative, supervisory, academic or research, or support staff position (including law enforcement unit personnel and health staff); a person or company with whom the University has contracted (such as an attorney, auditor or collection agent); a person serving on the Board of Trustees; or a student serving on an official committee, such as a disciplinary or grievance committee, or assisting another school official in performing his or her tasks.

4. The right to file a complaint with the Family Policy Compliance Office, US Department of Education, 400 Maryland Avenue, SW, Washington, D.C. 20202-4605 concerning alleged failures by Western Carolina University to comply with the requirements of FERPA.
Tips for Parents of First Year Students

Don't Ask Them if They're Homesick
The first few days and weeks of college are activity-packed and full of challenges, excitement and nerves. Meeting new people and adjusting to new situations takes a majority of a student's time and concentration. During this time, home looks better than ever and most importantly safe. Don't worry though; most students adjust to college within the first few months. Even if they don't tell you during those first few weeks, they do miss you.

Visit Your Student, But Not Too Often
Visits by parents and family members are a part of college life that students may be reluctant to admit liking but appreciate a great deal. Pretended disdain of these visits is just a part of the growing independence of a student's development. These visits give students a chance to introduce some of the important people in each of her/his now-important worlds (home and school) to each other. Spur-of-the-moment "surprises" are usually not appreciated. Family Weekend is a great time to visit campus and spend time with your student.

Ask Questions, But Not Too Many
College students, especially first-year students, have a tendency to resent what they perceive as interference with their freedom. Most students, however, still desire the security of knowing that they are part of a larger whole. News from home is welcome and calls are appreciated. Parental curiosity in the student's life at college can be appreciated or feel intrusive and judgmental. Be patient as your relationship with your college student grows and changes.

Don't Worry Too Much About Depressing Calls or Emails
Parenting can be a thankless job, especially during the college years. Often when troubles become too much to handle (a flunked test, ended relationship and shrunken t-shirt all in one day), the only place to turn is home. Be patient with these nothing-is-going-right-I-hate-this-place phone calls or emails. Your sympathetic ear and advice is just what the doctor ordered.

Expect Change, But Not Too Much
Your student will change (either drastically within the first few months, slowly over the years or somewhere in between). It's natural and inevitable and can be inspiring and beautiful. Remember that your student is basically the same person you sent away to school and is in the process of becoming the adult you have taught her/him to be. Be patient and supportive and you will all survive the process.

It's OK to Worry About Your Student, But Don't Smother
Worrying about your child is a normal part of being a parent. There will be times that you will worry about your child's adjustment to college life or her/his choice of major or the new friends s/he has made. Students appreciate family members showing that they care and are interested in their life, but don't want to be fussed over. Continue to keep lines of communication open and make sure your student knows s/he has your support.

Encourage Your Student to get Involved and Stay Involved
Studies have shown that students are more satisfied with their college experience when they are involved in activities such as student organizations, intramural sports, student government or in their residence hall. These activities give students the opportunity to meet new people, develop their support network and connect them to campus life. If your student seems to have few friends or doesn't seem to be involved in campus activities, it may be time to discuss why and encourage her/him to seek out opportunities to get involved.

Empower Your Student to Be Whatever They Want to Be
You may have certain goals in mind, but try to let your student discover her/his own dreams. Your student will probably pursue goals with more vigor if s/he is responsible for creating them. Another point to remember is that a major doesn't dictate a career.

Understand Your Student's Changes and Uncertainties
As your student explores, he or she may have some questions. Try to be patient and listen to your student's concerns and understand that it is all part of your student's ongoing development. Another thing to remember: The issue that seems so large today for your student will quickly become a thing of the past as s/he moves through her/his next stage of development.

Let Go
Letting go doesn't mean that you shouldn't be involved in your student's life. It simply means that it's your student's turn to make decisions and she/he is capable of making good decisions. Don't forget how resourceful your student can be and how far s/he has come.

Understand Your Student's Strengths and Weaknesses
As much as you may not want to see it, your student is not perfect. Help your student identify her/his strengths and weaknesses and understand how to capitalize on her/his best assets. Another benefit of understanding your student's strengths and weaknesses is being able to help your student improve areas of weakness and become a more well-rounded person.

Help Your Student Trust Their Own Decision-Making Skills
Over the years, you have taught your student a strong set of values and the ability to make good decisions. Help your student learn to trust in her/his ability to make decisions. Try not to do anything for your student that s/he can do on her/his own. As hard as it will be, help your student be independent. When problems arise, provide a sympathetic ear and good advice but encourage your student to decide upon the appropriate solution.

MAILING ADDRESS

Students who live on campus will be provided with a suite box number that will serve as their mailing address. Students can receive all forms of mail at this address including packages from UPS, FedEx, etc. Suite box keys are picked up in August when students arrive on campus and must be returned when students depart the university each year. The mailing address for your student should be formatted as follows:

Student Name
Western Carolina University
245 Memorial Drive, Suite ####
Cullowhee, NC 28723
Campus Map

LEGEND—Alphabetical by Area

Great Places to Learn
Bilt Building (4) .................................................. C3
Center for Applied Technology (13) ......................... C-D3
Coulter Building (32) ......................................... B3
Bardo Arts Center (BAC) (2) ..................................... C3-4, D3-4
Forysth Building (33) .............................................. B3
Health & Human Sciences Building (76) ................. B-D6
Jordan-Phillips Field House (12) .............................. B-D3
Killian Building (35) ............................................. B3
McKee Building (42) ............................................. B2-3
Moore Building (46) ............................................. B2
Natural Sciences Building (38) .................................. B2-3
Old Student Union Building (53) ......................... B2, B3, C3-4
Reid Gymnasium (30) .......................................... B3
Stillwell Building (39) ........................................ B2-3

Experience the Arts
Bardo Arts Center (BAC) (2) ..................................... C3-4, D3-4
Fine Art Museum, in BAC (2) ................................ B3-4
Hoy Auditorium (41) ............................................. B2-3
Mountain Heritage Center (1) .................................. C4
Movie Theater, in the A.K. Hinds University Center (31) B3
Nikki Theatre (40) ................................................ B3
Recital Hall, in the Coulter Building (32) ................. B3

Participate and Show Your Catamount Pride
Base Camp Cullowhee, in the old Brown Cafeteria (64) B-C2
Bob Waters Field (11)E.J. Whitmire Stadium football (10) B-D3
Breese Gymnasium (44) ........................................ B2
Campus Recreation Center (20) ............................... B3-4, C3
Catamount Athletic Complex (soccer, track and tennis) (21-23) B4
Catamount Softball Complex (24) .......................... B4-5
Childress Field/Hennon Stadium (baseball) (8) ........ E2
Cordelia Camp Gymnasium (3) ............................... C-D4
Ramsey Regional Activity Center (9) ....................... D3-4
Reid Gymnasium pool (30) .................................. B3, C3-4
Schrader Soccer Field (22) .................................... B4

Nourish Your Body, Clear Your Mind
C3 Convenience Store, in the old Brown Cafeteria (64) B-C2
Centennial Drive establishments (75) ....................... B-C2, C3
Courtyard Dining Hall (6) ................................... C3
U.C. Food Court, in the A.K. Hinds University Center (31) B3

Great Places to Live
Albright Residence Hall (63) .................................. C2
Balsam Residence Hall (Honors College) (17) ........ B3
Benton Residence Hall (63) .................................... C2
Blue Ridge Residence Hall (Honors College) (15) .... C3
Buchanan Residence Hall (54) ............................... C1-2
Central Drive Residence Hall (59) ......................... C-D1
Chancellor’s Guest House (36) .............................. A3
Chancellor’s Residence (58) ................................. C1
Claxton House (56) ........................................... C1
Faculty and Staff Housing (55) ......................... C1/ C7/ C1/ C3/ C3/ C3........ D4
Harrell Residence Hall (62) ................................ C2
Madison Residence Hall (40) ............................... B2
Norton Road Residence Hall (27) ......................... B4
Reynolds Residence Hall (52) ............................. B-C1
Robertson Residence Hall (51) ............................. C1
Scott Residence Hall (18) .................................... C4
The Village (26) .................................................. A4-5
Walker Residence Hall (19) .............................. C4

Let Us Help You
A.K. Hinds University Center (31) ......................... B3
Career Services, in Killian Annex (34) ................. B3
Counseling Center (43) ....................................... B2
Catamount Clothing & Gifts (32) ....................... B3
Health Services, in the Bird Building (43) ............. B2
Hunter Library (37) ............................................. A-B2
OneStop, in the Killian Annex (34) ....................... B3
WCU Bookstore (29) ........................................ B3-4

Support/Administration
Admissions, in the Cordelia Camp Building (4) ........ D4
Athletics, in the Ramsey Regional Activity Center (9) D3-4
Bird Alumni House (60) ...................................... C1
Educational Outreach, in the Cordelia Camp Building (4) D4
Facilities Management (49) ............................... B1
H.F. Robinson Administration Building (1) ............ C4
Picnic Area (25) ................................................. B5
Steam Plant (74) .................................................. B2
University Club (61) .......................................... C1-2
University Police (5) .......................................... D4
University Print Shop and Mail Services (28) .. B4
Warehouse (50) ................................................ C1

WCU is a University of North Carolina campus and an Equal Opportunity Institution. X,000 copies of this public document were printed at a cost of $XXXX or $XXX each. Office of Creative Services | June 2013 | 13-299