Play it Smart

We are Partners for Your Student's Success!

WCU will encourage your student to...

- Go to Class!
- Stay on Campus & Get Involved!
- Maintain Healthy Relationships
- Exercise, Eat Well, Get Sleep!
- Manage Stress & Ask for Help EARLY!
- Keep a Positive Attitude & Climb to New Heights
- Embrace the Total College Experience!

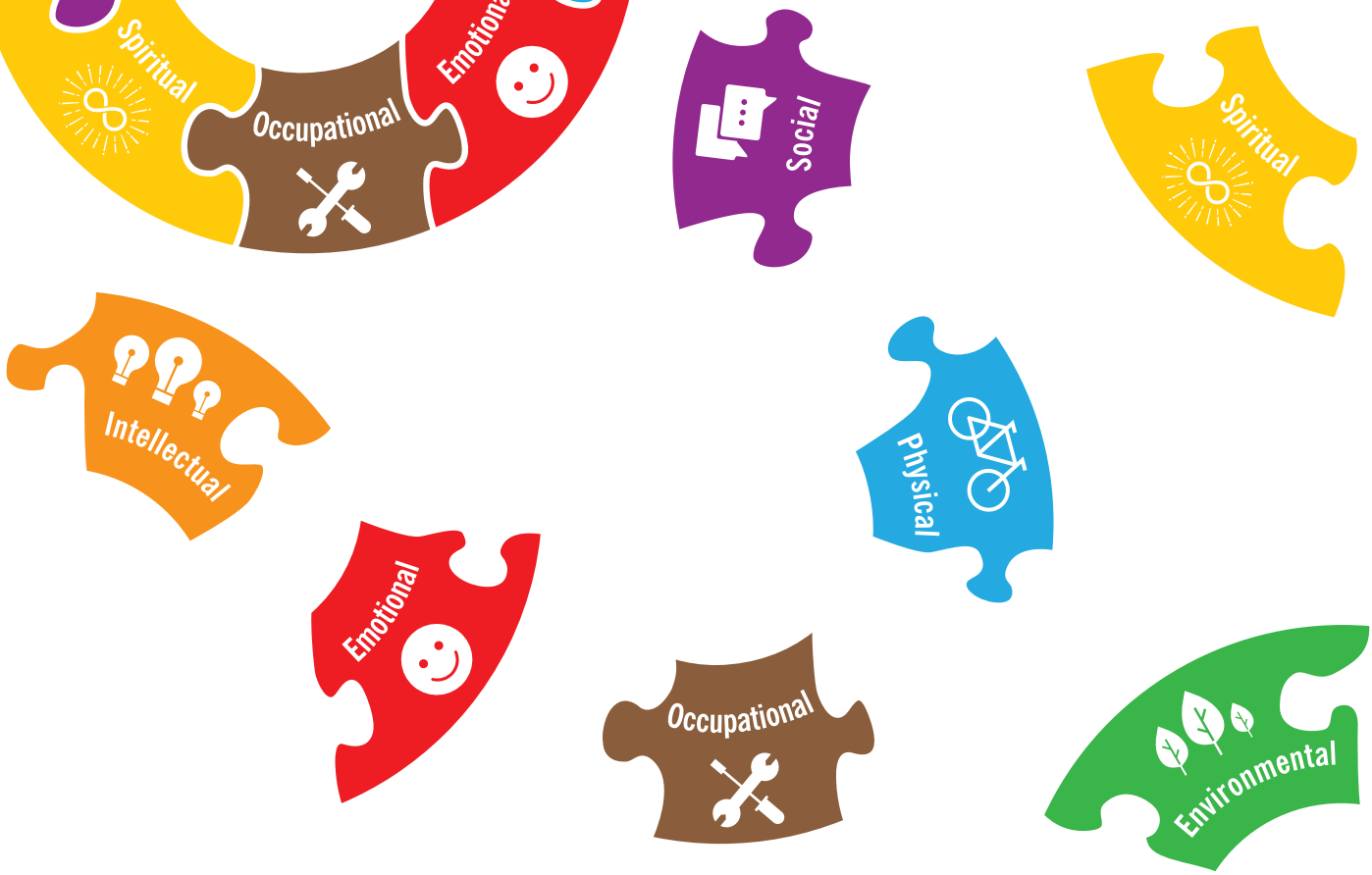
Parents Summer Homework

Discuss Health & Wellness Resources

- Waive or Enroll in Student Blue Health Insurance by September 10 (**studenthealthins.wcu.edu**)
- Cheat sheet for student's health history
- Sign FERPA waivers (**tiny.cc/wcuferpa**)

Set Expectations for Behaviors in New Community

- Student should complete Alcohol Edu & Haven (**dsce.wcu.edu**)
- Discuss Bystander Intervention
- Discuss Consent... NO means NO (**wcu.edu/parents/advice-for-families/index.asp**)
- Discuss travel plans at all times

Discuss Safety and Preparedness with your student

- Program emergency numbers & standby contacts in cell phone:
- 911 for off-campus and 828.227.8911 for WCU Police
- Remind students WCU Alerts coincides with registration
- View the "Shots Fired" video (**tiny.cc/studentprepinfo**)
- Review the Annual Safety Report (**tiny.cc/safetyreport**)
- Review the Student Preparedness Checklist
- Remember in the case of an emergency... TRUST US... Don't call us, we'll call you